Public Advocate Contact Information

Advocate for Persons with Disabilities		
What the organization can do for you	• The Office of the Advocate for Persons with Disabilities can provide assistance with questions about disability programs and services. • Connect with the office or make an appointment to meet with an Advocate representative.	
Contact information	• Office of the Advocate for Persons with Disabilities Suite 1110, 10055 106 Street, Edmonton, Alberta T5J 2Y2 • Hours: 8:15 am to 4:30 pm (open Monday to Friday, closed statutory holidays) • Phone: 780-422-1095 • Toll free: 1-800-272-8841 • Fax : 780-415-0097 • Email : advocate.disability@gov.ab.ca • Web page : www.alberta.ca/advocate-persons-disabilities	
Ombudsman		
What the organization can do for you	• The Alberta Ombudsman works to ensure fair treatment through independent investigations, recommendations and education for all Albertans. • They listen to your complaint and investigate decisions made by organizations and authorities identified in the *Ombudsman Act*.	
Contact information	**In Edmonton** Phone: 780.427.2756 Fax: 780.427.2759 www.ombudsman.ab.ca **Edmonton Mailing Address** Alberta Ombudsman 9925 – 109 Street, Suite 700 Edmonton, Alberta T5K 2J8	**In Calgary** Phone: 403.297.6185 Fax: 403.297.5121 www.ombudsman.ab.ca **Calgary Mailing Address** Alberta Ombudsman 801 – 6 Avenue SW, Suite 2560 Calgary, Alberta T2P 3W2
Office of the Child and Youth Advocate (OCYA)		
What the organization can do for	• OCYA is an independent office of the Legislative Assembly of Alberta, mandated to work with vulnerable young people. • The OCYA provides individual and systemic advocacy for children and youth receiving “designated services” as defined under the *Child and*	

you	*Youth Advocate Act*. This includes young people receiving or attempting to access services under the *Child, Youth and Family Enhancement Act* and the *Protection of Sexually Exploited Children Act*; or who are involved with the youth justice system. • The OCYA also provides access to legal representation for young people receiving child intervention services, offers public education, and conduct investigations in serious injuries and deaths of young people receiving designated services
Contact information	**South Office** • #2420, 801 6 Avenue SW, Calgary. AB. T2P 3W3 • Call: 403. 297. 8435. Toll Free: 800. 661. 3446 • Fax: 403-297-4456 • Website: www.ocya.alberta.ca
Distress Centre Calgary	
What the organization can do for you	• Distress Centre Calgary provides you with confidential support when you need someone to talk to. No problem is too small for them. • They offer 24 Hour Crisis Support services, crisis counselling, and suicide crisis. You can contact them 24/7 by phone, text or chat.
Contact information	• Tel: 403. 266. 4357 (Text or phone call) • Website: www.distresscentre.com
Other Resources, and Help Lines	
Helplines	• **Family Violence Information Helpline:** Toll Free 310-1818 • **Mental Health Helpline**: 1-877-303-2642 • **Suicide Prevention Hotline**: 1-833-456-4566 • **Abuse Helpline:** 1-855-443-5722 • **Helpline** Toll Free 310-1818
Bullying	• Call 911 if you or someone you know is in immediate danger. • Bullying Helpline – Call or text 310-1818 or chat online for support, information or referrals. • 24-hour help is available • Website: https://www.alberta.ca/abuse-bullying